



GOLDIE

12 Waitapu Road, Takaka.
Phone: 525 9914 • Fax: 525 9067 • Email: postie@gbh.school.nz
www.gbh.school.nz

GOLDEN BAY HIGH SCHOOL NEWSLETTER

FROM THE PRINCIPAL, JONO HAY

EDITION 14 MARCH 2025



Tēnā koutou katoa,

The term is passing quickly with six weeks completed and four weeks to go until the end of term 1. A wide range of activities are underway. I encourage all of our students to get involved in opportunities that interest them. The more you get involved, the more you will get from your time at school.

Student Committees

One way for students in years 11, 12 and 13 to take on a leadership role in the school is through our student committees. This is an extension of our Student Executive model and is new for 2025. There are four committees - Arts & Culture Committee, Environment Committee, Ball & Events Committee and Sports Committee. Each committee is led by a member of the Student Executive and will undertake initiatives that provide opportunities for our students and benefit the school and our community. It is also an opportunity for students to develop their leadership and help prepare them for taking on future leadership roles.

Resilience

While academic learning and achievement is a core function of school, we also prioritise development of the soft skills and attributes that will support our students to succeed in their lives beyond school. One of the qualities that we want our graduates to have is resilience.

Resilience is crucial for school students as it helps them navigate challenges, setbacks, and stress in their academic and personal lives. Developing resilience enables students to bounce back from failures, adapt to change, and maintain a positive mindset. It fosters perseverance, self-confidence, and emotional well-being, allowing them to handle academic pressure, peer relationships, and the inevitable adversity that we are all faced with in life. Resilient students are more likely to stay motivated, embrace learning opportunities, and develop problem-solving skills. By cultivating resilience, students build a strong foundation for future success, equipping them with the mental strength to overcome obstacles and thrive in an ever-changing world.

If you would like to learn more about developing resilience, I would encourage you to read 'The Comeback Code' by cancer survivor Jake Bailey. Jake became a household name almost 10 years ago when his head boy speech, a week after being diagnosed with an aggressive form of cancer, went viral. He discusses the psychology of resilience and shares his concern that increasingly, a lot of young people are shielded from normal everyday challenges and adversity - the experiences that allow us to practise, craft and grow resilience.

We appreciate and value the partnership with parents and whānau as we support our rangatahi to develop their independence and resilience.

TERM ONE 2025 CALENDAR	
25 March	Uniform Shop open
26 March	Wednesday; school starts 9:45am
28 March	Athletics Day (at Rec Centre)
28 March	Goldie
8 April	Uniform Shop open
9 April	Wednesday; school starts 9:45am
11 April	Goldie, End of Term 1
18 April	Good Friday (in the term break)
25 April	ANZAC Day (in the term break)
28 April	Monday Start of Term 2

Year 7 & 8 whānau BBQ

The whānau BBQ was a great success with a really good turnout of parents, students and staff. Thank you to Home & School for providing the kai. It is always nice to make connections and develop relationships that can be used to support our students going forward while also gaining feedback on the start of year for our junior students.

Swimming Sports 2025

Swimming Sports was held on Friday 7 March. The weather was a little cold in the morning but fine with light winds. Participation continues to increase year on year which is really positive. Thank you to Golden Bay Swimming Club for your support of the event and to all of the competitors, parent spectators and staff that run the event. The day culminated in a tight relay race between the staff and year 13 students who took the win for 2025.

Ake ake kia kaha
Jono Hay



Remember...
If there are any photos or articles or ads you would like put in the Goldie, please email to goldie@gbh.school.nz





Swimming Sports photos by Squire Shiraishi-Taylor

2025 GBHS Swim Champions

Junior Female

- 1st **Sophia McClean**
- 2nd **Olea Weiss**
- 3rd **Mori McCuskey**

Intermediate Male

- 1st **Jasper Dimmock Van Son**
- 2nd **Ali Reynish**
- 3rd **Angus Dench**

Junior Male

- 1st **Sam Hames**
- 2nd **Hendrix Housley**
- 3rd **Zac Anderson**

Senior Female

- 1st **Stella Scotland**
- 2nd **Clara Struck**
- 3rd **Chloe Hames**

Intermediate Female

- 1st **Zara Hames**
- 2nd **Penina Uhrle**
- 3rd **Olive Markham**

Senior Male

- 1st **Liam Egan**
- 2nd **Archie Darwen**
- 3rd **Henry Anderson**



Zara Hames has broken the Intermediate girls 66 Backstroke record. Previous record holder was **Maya Lewis** who has held the record since 2017.



Athletics Day 2025

This year we are again holding our Athletics Day at the Golden Bay Recreation Park. The impact of the rebuild on our school field has meant we haven't yet been able to return to hosting athletics at GBHS, but with the Athletics Club now operating at the park, we have a great opportunity to continue running this event.

As we will be operating offsite on the 28th March, students are not required to come to school but instead make their way to the Golden Bay Recreation Park. The event will run on the top field at the park. There are three ways that we see students getting to the event:

OPTION 1: Students will make their own way to the event - walk, bike or private vehicle. Once the event is finished, they will leave the event at 3pm and make their own way home.

OPTION 2: Students that get a school bus in the mornings

will do this as normal and will be transported to the Recreation Park after the school bus morning run. Students would be picked up from the park at 2.45pm after the event and taken home via GBHS where the normal run will continue.

OPTION 3: Students will make their way to the school and will need transport from the school. These students must gather at the bus bay located on the Rototai Road side of the new building (Tainui) by 8:25 am. Following the event, these students will be picked up at 2:45 pm from the Recreation Park and transported back to GBHS.

If you have any questions please email Shona, shona.erasmuson@gbh.school.nz There will be more information about the event coming out in the next couple of weeks.

2025 Athletics Day programme

8:55am	400m Timed Finals Intermediate Girls, Senior Girls and Senior boys only	
Rotation 1 9:20am	JNR Boys	Discus
	JNR Girls	Shot
	INT Boys	100 Heats
	INT Girl	100 Heats
	SNR Boys	Long Jump
	SNR Girls	High Jump
Rotation 2 9:55am	JNR Boys	100 Heats
	JNR Girls	100 Heats
	INT Boys	Discus
	INT Girl	Shot
	SNR Boys	High Jump
	SNR Girls	Long Jump
10:30am	BREAK	
Rotation 3 10:45am	JNR Boys	Shot
	JNR Girls	Discus
	INT Boys	Long Jump
	INT Girl	High Jump
	SNR Boys	100 Heat
	SNR Girls	100 Heat
Rotation 4 11:20am	JNR Boys	200 Heat
	JNR Girls	200 Heat
	INT Boys	High Jump
	INT Girl	Long Jump
	SNR Boys	Shot
	SNR Girls	Discus
11.55am	400m TIMED FINALS Junior Girls, Junior Boys, Intermediate Boys only	
12.15pm	LUNCH Triple Jump (Intermediate & Senior only)	

Athletics Day programme continues on the next page

Rotation 5 12:45pm	JNR Boys	Long Jump
	JNR Girls	High Jump
	INT Boys	200 Heat
	INT Girl	200 Heat
	SNR Boys	Discus
	SNR Girls	Shot
Rotation 6 1.20pm	JNR Boys	High Jump
	JNR Girls	Long Jump
	INT Boys	Shot
	INT Girl	Discus
	SNR Boys	200 Heat
	SNR Girls	200 Heat
1.55pm	100m Finals	
2.10pm	200m Finals	
2.25pm	Relays - 4x100m JNR Girls JNR Boys INT Girls INT Boys SNR Girls SNR Boys	
2.45pm	800m Timed Finals JNR boys and Girls INT boys and Girls JNR boys and Girls	
3pm	Finish and Pack-up	



School students are members of NOC, automatically.

All TWKOM/GBHS students are Nelson Orienteering Club (NOC) members, (only students not parents). This means discounted entry to all NOC events for the year.

Thanks to Adventure racing for supporting this and NOC for once again allowing a school membership for the price of 1 standard family membership.

Just remember to choose 'member' when signing up online for an event. (No 'on the day' sign-ups). Go to www.noc.org.nz or Nelson Orienteering Club on Facebook for more information.

A.T.L.A.S.
 COME HANG OUT WITH US!
 AT THE
LIBRARY
 AFTER
SCHOOL
 WEDNESDAY 3.30 - 4.30PM
 WEEKLY DURING TERM TIME

A.T.L.A.S.
 (AT THE LIBRARY AFTER SCHOOL)
 IS A PLACE FOR FUN,
 CONNECTION, CRAFTS
 AND GAMES!
 FOR 9+ YEAR OLDS

NO REGISTRATION
 REQUIRED

taxman district
 libraries

Tākaka Library

S, C, R, A, B, B, L, E,
F, U, N,

Scrabble fun for youth
 with Murray Rogers

Register by 11 April at the
 Tākaka Library
 or by emailing:
 jmrwordplay@gmail.com

Monday 14 April
 10.00am - 12.00pm

All games are supplied
 FREE

taxman district
 libraries



Monthly schedule

March 2025

Contact us for more information!
Lisa: 027 525 6151 lisa@gbwct.org.nz
Karen: 027 253 1916 karen@gbwct.org.nz

84 Commercial Street, Takaka

Mon	Tues	Weds	Thur	Fri	Sat	Sun
10	11 Tale journey Book club 3.30-5pm Lunchtime GBHS Visit	12 Smoothies 8-10 am D&D 3-5:30pm	13 Hang out zone 3.30-5 pm	14 Movie night 5-7 pm	15	16 Climbing Day 11am-3pm
17	18 Crafternoon 3.30-5 pm Lunchtime GBHS Visit	19 D&D 3-5:30pm	20 Hang out zone 3.30-5 pm	21 Games afternoon 3.30-5pm	22 Geocaching 11 am- 2 pm	23
24 CLOSED BOTH MONDAYS FOR STAFF TRAINING	25 Hang out zone 3.30-5 pm Lunchtime GBHS Visit	26 Pancakes 8-10 am D&D 3-5:30pm	27 Hang out zone 3.30-5 pm	28 Collingwood Hall Movie night 4.30 pm-7pm	29	30
31						



RUGBY FUNDAY

U9s-U16s
Tuesday 18th March
5.30pm
GB Rec Park

Fun games, sausage sizzle,
help with registrations and
a secondhand boot sales table
takakarfc@gmail.com

TAKAKA CHURCH OF CHRIST

BAY YOUTH
BAY YOUTH
BAY YOUTH
BAY YOUTH
BAY YOUTH
BAY YOUTH

7- 8:30PM

FUN GAMES FOOD JESUS

EVERY FRIDAY



Bay_Youth_

Come along, have a feed
and a good time. Free .We will
play some games and hear
from a speaker each week :)

BIG SHAPES



CONTEMPORARY DANCE CLASSES
FOR TEENS AGED 13 AND UP
TAUGHT BY MILO HAIGH
TUESDAYS 4-5:15PM
POHARA HALL

SIGN UP NOW FOR TERM 1 2025

REGISTER AT- WWW.THEFUNKISPHERE.COM

CLASSES START 11TH MARCH

\$20/KOHA PER SESSION PAID AS TERM INVOICES

FINANCIAL SUPPORT AVAILABLE

WWW.THEFUNKISPHERE.COM



Home Economics with Yr 11, 9, 7 & 8



Paper Runs

Looking for a couple of extra paper boys/girls for paper runs in Takaka township, one day a week (Friday)

Must be motivated to get out of bed early - papers here by 6.30am. Need to be delivered before school.

Pop in for a chat to Anita at Stitch 'n Sew or text/ph 027 263 9220.



Come and Check It Out! Lunchtime Yoga & Mindfulness

- *Monday Mindfulness with Toni 1.30-1.50pm
- *Tuesday Yoga with Margaret 1.10-1.40pm
- *Wednesday Yoga with Toni 1.30-1.50pm



Where: Performing Arts Room
When: Mon, Tue, Wed Term 1
Who: Students of TWKoM
How: Just show up and join
Tools to calm your mind & body

Te Waka Kura o Mohua Health Nurse Clinics

Free and confidential service.

Every Monday 8.30 - 11.30 am

at the Green House.

Drop in or text Caroline on 027 203 1213

Get tautoko or advice about
acne and mole checks,
alcohol and drug support,
contraception,
diet and weight management,
muscles sprains and pains,

puberty and period questions,
skin issues,
STI checks,
sexuality and gender questions,
vaccinations,
whānau and relationship concerns,

as well as GP and health referrals.

STUDENT ABSENCES

You can contact the school in any
of the following three ways:

Call the school landline on
03 525 9914

Text the school cell phone
027 923 5931

Or

email absences@gbh.school.nz

SIGN OUT

The GBHS GUIDE to SIGNING OUT QUICKLY:

1. Bring a note from home explaining where you are going or why you need to leave the school grounds. Valid appointments only!
2. Show it to your Form Teacher and/ or Dean.
3. Ask them to sign it.
4. Bring it to the office and show it to the office person when it's time to go.
5. Sign out– put your note on the spike.
6. Away you go. Easy!

Mohua Social Services Presents

The Youth Sewing Project

♥ Starting 19th February 2025 ♥

After School, Wednesday's 3:15pm - 6pm

Golden Bay High School Home Economics Room

\$5 per session, includes all materials

A place to learn sewing and design skills, revamp, reuse, recycle.

Eco fashion and design, textile art, wearable art.

Make your own clothes and accessories, soft toys, cushions etc.

Age 10 years and up. Beginners and experts welcome!

For more information...

Call Margy Meys 027 3855 450

The Youth Sewing Project, proudly celebrating 15 years in Golden Bay!

UNIFORM SHOP

The uniform shop will
be open for

Term One 2025 on

March 25th and April 8th

fortnightly on Tuesday this term from 1-2pm
(lunch break). Please check with the school office
for directions to the Uniform Shop.

You will need either cash, or phone internet
banking and to show us the transaction before
you can take the uniform.

Uniform Acc: 03 1354 0575666-01 and use
student's name as reference, please.

Any uniform returns must still have tags on the
clothing, and not have been worn, thank you.

Any enquiries please speak to the
uniform co-ordinator, Maki Reed

Email gbhsuniforms@hotmail.com

