



# GOLDIE

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## GOLDEN BAY HIGH SCHOOL NEWSLETTER

FROM THE ACTING PRINCIPAL, CORALIE STOPFORD

EDITION 5 MAY 2023



Tēnā koutou katoa

It has been wonderful to welcome back students following the end of term break. We do hope

that everyone had the opportunity for some rest and rejuvenation over the break.

It is another busy term with many opportunities for our students whether it be in their timetabled classes or activities beyond the classroom. You will be hearing more about these over the coming weeks from your students and through this Goldie Newsletter.

As we come into the wetter and colder months, we are reminded to take extra care of ourselves and each other. It is important to take some time outside, making the most of the fewer sunny days but also those wonderful fresher days.

There are a range of activities happening this term at lunch times. Some of which include the Gymnasium being available for students on Monday, Wednesday and Fridays, Chess, Football Program, Book Club (reading and games), Junior Sport. Details of these can be found in the daily Kamar Notices.

Ake ake kia kaha  
Coralie



### TERM TWO 2023 CALENDAR

10 May	.....	Wednesday; school starts 9:45am
11 - 12 May	.....	Yr 11 Work Experience
16 May	.....	Uniform Shop open
16 May	.....	TSS Badminton
19 May	.....	Pink Shirt Day
19 May	.....	Goldie
22 - 26 May	.....	ACKMA conference at GBHS
24 May	.....	Wednesday; school starts 9:45am
24 May	.....	Home & School AGM
25 May	.....	Pink Ribbon Whānau/Community Breakfast
26 May	.....	Student Climate Strike
28 May	.....	TSS Rogaine
29 May	.....	BoT meeting
30 May	.....	Uniform Shop open
30 May	.....	TSS Futsal
1 June	.....	Attitude presentations
2 June	.....	Staff Only Day
2 June	.....	Goldie
5 June	.....	King's Birthday Holiday
7 June	.....	Wednesday; school starts 9:45am
7 June	.....	TSS Squash
12 June	.....	TSS Equestrian
16 June	.....	Goldie

In this Goldie... photos celebrating our students successes, and notice of upcoming events.



Breakfast  
25th May



In the next Goldie... More caving photos and the story of their latest underground adventure.



Whanaungatanga

Manaakitanga

Wairuatanga

Kaitiakitanga



## SOUTH ISLAND SECONDARY SCHOOL ATHLETICS

Congratulations to Ruby for doing so well in the South Island Secondary School Athletics held in Invercargill! On the first day Ruby got 2nd in Long Jump, and 2nd in Triple Jump.

Well done! Conditions were tough, and so were the competition. The temperature on the day started with 5 degrees and raining, then by the afternoon it was a heatwave.

On the 2nd day Ruby got 5th in High Jump. Weather was atrocious again, windy and cold, and there was lots of waiting around making all the poor girls freezing. She ended up making a jump of 1.4m. She was so close to jumping 1.45 (her PB) which would have put her in 2nd place. Awesome effort Ruby!!



## RMT CARS

In Period 3 today, Mr Tindling, Dawn and myself, went to the RMT Room to judge wooden cars that the year 7 and 8's had made.

We had to judge:

**DESIGN**

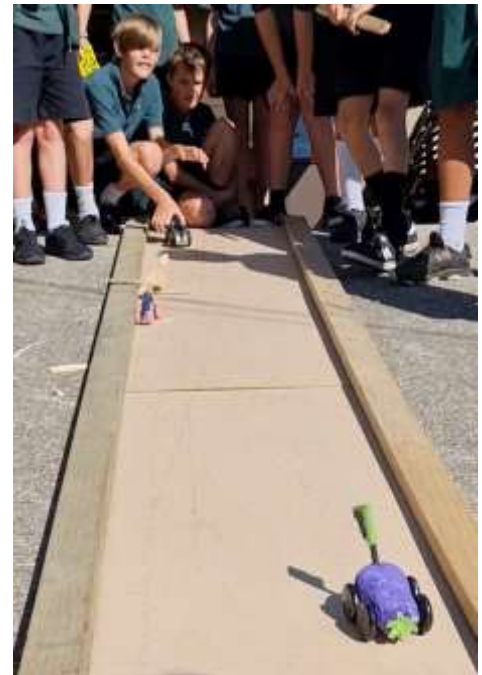
**FINISH**

**SPEED**



The winner of the best design was Olive, who had made a car in the shape of a block of cheese. She has painted it yellow and made holes in it. She had also made a mouse to sit at the wheel and drive. She has spent a lot of time on this project. It was funny.

Max has the best finished car. He had made a RED car which was a copy of his dad's car. It had stripes down the side and a mirror on the back.



To see whose car was the quickest, we have 3 races. We then had a semi final and a final.

The results were:

1ST PLACE - ZAC and his EGGPLANT

2ND PLACE - DASH and his Squirrel

3RD PLACE - WIREMU and his SKATEBOARD

*By Leela Ishwara*





### GERALDINE HODGSON FESTIVAL - NETBALL

This year, due to an overall decrease in players, both at Golden Bay High School and Collingwood Area School decided to combine forces to create netball teams across all ages.

With a highly competitive A Team who will play in the local GB netball competition on Tuesday nights, travel to Nelson each Saturday and also travel to Invercargill for SISS Netball competition in August - this team is known as CAS and consists of three GBHS players - Catherine Hockly, Stella Scotland and Carmyn Bruning.

The B team is known as GBHS, will play in the local GB netball competition on Thursday nights. The team consists of seven GBHS players, Ella Baigent, Paige Baigent, Maren Haldane, Iyla Lamason, Ruby Darwen, Regan Baker and Siri Allen.

Both teams travelled to Saxon Stadium on Saturday 1st April to compete in the Geraldine Hodgson Festival, where they played four games, consisting of 12min halves.

### CAS

11.15am CAS 25 vs NCG Yr 9 Pink 11  
12.45pm CAS 20 vs Waimea College Eve's Angels 5  
2.15pm CAS 25 vs NCG Yr 9 2  
3.45pm CAS 6 vs Jacks Talley's 11

### GBHS

10.30am GBHS 5 vs Jacks FCL 35  
12.00pm GBHS 11 vs Waimea College 9A 17  
2.15pm GBHS 17 vs MGC Yr9 15  
4.30pm GBHS 12 vs Garin Kotuku 12





# Golden Bay High School Health Nurse

Confidential Free Service  
Every Monday 8.30 – 11.30 at Te Whare Manaaki  
Drop in or text Caroline 027 203 1213

- ▶ Vaccination questions
- ▶ Alcohol and drug support
- ▶ Contraception
- ▶ Skin issues, acne and mole checks
- ▶ Puberty and period questions
- ▶ Helping to stop smoking and vaping
- ▶ Muscle sprains and pains
- ▶ Whānau and relationship concerns
- ▶ GP and health referrals
- ▶ STI checks
- ▶ Sexuality and gender questions
- ▶ Diet and weight management

Plus much more including support with GP visits and prescriptions!!



**PINK  
RIBBON  
BREAKFAST**

Breast Cancer  
Foundation NZ

## Pink Ribbon Breakfast

Thursday 25th May

From 7:20am - 8:20am in the Home Economics room

\$20pp for breakfast

Proceeds to the Cancer Society

Prizes for Best Dressed

Tickets from the school office and numbers are limited

### Values Poster Competition this term

Make a poster about one of our school values (Whanaungatanga, Kaitiakitanga, Wairuatanga, Manaakitanga).

You can make a poster on A4 or A3 paper and hand it into the office or you can make it digitally and send it to me by email.

[17dixon@gbh.school.nz](mailto:17dixon@gbh.school.nz)

It should be your own work.

The prize is a canteen voucher.

The posters must be in by the 23rd of June and will be judged at the end of Term 2.

Let's make the posters colourful and fun! I am excited to see all of your amazing poster designs! See me if you have any questions.

Kiki Dixon

'Kia Ora,  
Junior sport will be continuing this term on the school field, once again every Wednesday at lunchtime, we hope to see you out there!  
From the student exec.



These are the year 13 academic mentors who help the students in year 7 and year 8 classes.



## House Banner Competition

- 1<sup>st</sup> Red House, 97 points
- 2<sup>nd</sup> Yellow House, 96 points
- 3<sup>rd</sup> Green House, 91 points
- 4<sup>th</sup> Blue House 82, points



Well done to all of the houses! This year the students were tasked with incorporating whanaungatanga into their banners.

All of the banners turned out beautifully and show the connection within the school and the community.

Thank you to Grant and Hannah for coming to do the hard job of judging. *Molly O'Connor*



## LipSync 2023 is on its way

Lipsync will be held on Wednesday the 21st and Thursday the 22nd June. With the new build practice spaces are going to be a challenge so make sure you think about this. Remember this year if you take part in the House act you will earn participation points for your House.



## Attitude Health & Wellbeing Presentations

On the 1st of June we have the Attitude team coming in to present health related topics to our students. This years content will be:

Years 7 & 8- Who am I (Identity and making good choices)

Years 9 & 10- Drugs and Alcohol (focus on vaping)

Years 11, 12 & 13- Sexual health

The Attitude team offer engaging, informative and inspiring health presentations that get our students thinking about making good choices.

If you would like to know more about the Attitude programmes, please visit: <https://www.attitude.org.nz/high-school-presentations>.

If you would like to discuss your child's attendance to the presentation, please contact Dan Padiat at: [dan@gbh.school.nz](mailto:dan@gbh.school.nz)

Wāhine Mondays 3:30pm to 5:30pm  
Tāne Fridays 4:00pm to 6:00pm



THE YOUTH HABITAT AND GB COMMUNITY HEALTH

## NURSE DROP IN CLINIC

2.30-4.30pm every Tuesday.

(@ The Youth Habitat  
(84 Commercial Street)

**PRIVATE, CONFIDENTIAL & FREE**

Get support with:

- Sexual health
- Contraception
- STI checks
- Mental health
- HEADS assessments
- Alcohol and drug support
- Help to stop smoking and vaping
- Puberty and period questions
- Assistance with GP and other referrals

Contact Kelly at:  
**027 451 3698**

## The Youth Sewing Project

The Youth Sewing Project has started again for term 2.

Every Wednesday after school until 6 pm in the Home Economics room.

Come and learn to sew, create funky toys, revamp op-shop clothes or make new clothes. Great teachers and lots of awesome resources to work with.

The cost is \$5.

Enquires phone Margy Meys 027 3855 450

## UNIFORM SHOP

The uniform shop will be open in Term Two on

**May 16<sup>th</sup>, 30<sup>th</sup>,  
June 13<sup>th</sup> and 27<sup>th</sup>,**

fortnightly on Tuesdays next term from 1-2pm (lunch break). Please check with the school office for directions to the Uniform Shop.

You will need either cash, or phone internet banking and to show us the transaction before you can take the uniform.

**Uniform Acc: 03 1354 0575666-01**

and use student's name as reference, please.

Any uniform returns must still have tags on the clothing, and not have been worn, thank you.

Any enquiries to Lou Soper 0272259969

[chardonnay.nz@gmail.com](mailto:chardonnay.nz@gmail.com)



# Kaikoura Adventure Race

GBHS entered 9 school teams, 30 students (& 2 coach/supporters teams) in the South Island Secondary Schools (and public) Kaikoura Adventure Race.

That's 10% of our school! Three vans and a load of parent support were required to make it to the start line, 45 min south of Kaikoura.

We had 3 junior (yr 7&8 teams) competing in the 3hr race.

3 year 9 teams in the intermediate 6hr race

3 senior teams (also entered in the open school 6hr category).

Stage 1 kayak - this was potluck kayaking with some teams scoring good kayaks while others ended up dragging theirs due to a missing bung, or capsizing, or too small. Check out the photos!

Juniors had 1 bike leg then a foot rogaine and short bike to finish. Six hr teams had a 12km bike, followed by a foot rogaine (same course as 12 hr but collecting less controls) then a 10km bike to a 2nd rogaine (same as 3hr rogaine) and a short bike to finish. Adult 6hr teams did the same course but with the kayak section last to avoid congestion.



"Mud, mud .... lots of mud.! After a painful run on loose sand, kayaking was easy downstream but the way back was a fight with the current. When we hopped on our bikes little did we know about what was to come. We thought our biggest worry was the rain starting, but by the end the mud was our biggest problem. We had to scrape mud off our bikes every few metres just to keep them moving forwards, not to mention everyone's derailleurs were getting bent. However, we had an excellent time cursing the mud in the hot tub after the race." *By Layla and Clara*

"Our adventure race didn't go to plan. First off, we were last to get our tracker checked so we were last to get to the kayaks which meant only crappy kayaks were left. Kayaking was a disaster (check out the photos!).

Then the mud on the bike leg was catastrophic, with 2 chains falling off and gears jamming. Pushing bikes uphill covered in mud was probably the hardest bit.

The controls on the Roganies were much easier to find, (ie no navigation) so it was a bit boring for me! I think I enjoyed last year's race more because the navigation was harder (and there was no mud!).

The most impressive thing was getting 14 kids in a single hot tub afterwards! Thanks to Daphne and Mum for the character building experience!!!" *By Lani*

**Thanks to our Sponsors Jack Stevens Arboriculture, Trash Palace, GB Community Workers (Van) and GB mtn bike club (trailer) and a huge thank you to all our parent helpers.**

Results became confusing with so many different grades! Official school teams comprised of 4 students of the same school competing in the appropriate grade, (3hr for 7 & 8, 6hr for 9 & 10, 12 hr for years 11-13) while a separate open school competition allowed 2-4 students of any age in any category. These were split again into age groups.

Final results:

3hr SISS teams

**Saxon, Lucas, Penina and Zara 4th.** (2nd junior mixed)

**Nikau, Lyshia, Willow and Stevie 6th** (3rd junior mixed)

3hr open teams

**Reuben and Arvin 6th** (3rd junior boys)

6hr SISS Teams

**George, Kian, Zac and Taiyo 6th** (3rd intermediate boys)

**Ashton, Layton, Lucas and Caleb 12th** (5th intermediate boys)

6hr open schools category

**Archie, Ruby and Iyla 6th** (2nd mixed senior)

**Tristan, Gordie 7th** (1st boys senior) (competed as 1 team of 5 with above).

**Angus, Stella, Gonzalo and Lani 8th** (3rd mixed senior)

**Layla, Clara and Frankie 11th** (1st intermediate girls)

"The 6hr public race started 30 minutes after the kids to avoid congestion and the kayak stage was swapped to last. This meant we got to catch up with all the teams out on course and cheer them on (and provide a bit of moral support when needed).

The bike transition was the last we saw of Neil and Anya (veteran weekend warrior and van driver and daughter Anya ex GBHS Adventure racer) as their pace was a little bit faster than ours!

Just like the kids we battled with copious amounts of mud everywhere, Daphne even decided to roll in it a few times (must have been for fun!). " *By Fleur*

6 Hr public results

**Neil and Anya 1st** open mixed team;

**Daphne and Fleur 1st** open women's team.

Photo credits to many people not limited to

Black Swan Photography, Biddy Harnett-Getz, Jo Fissenden, Briar Kinney, and GBHS parents.



More photos next page





Kaikoura Adventure Race action photos





31<sup>st</sup> March 2023

## Road repairs – SH60 Commercial Street & Waitapu Road

Dear Resident/Business Owner

### Roadworks in your area

Between Tuesday 11<sup>th</sup> April and Friday 12<sup>th</sup> May, Waka Kotahi will be conducting road surface repairs on SH60 Commercial Street, between Reilly Street and Maldene Road (see location map over page).

Work will be carried out between the hours of 7.30am and 6.00pm. Temporary speed restrictions will be in place, minor delays may be possible and traffic management staff will control traffic. There will be traffic management in place overnight with temporary speed limits in place also.

The timing of this work is subject to weather and any unforeseen circumstances however, we will endeavour to keep to the timeframes outlined above. If inclement weather should strike, the works will be rescheduled for a later date.

As a section of the project is on the pavement outside Golden Bay High School, we have chosen to start these works during the school holidays, to try and minimise the disruption to pupils, staff and parents.

### How will this work affect you?

While we always aim to do our work with as little disruption as possible, we know that roadworks can be a hassle due to noise from the machinery or access/parking restrictions. We apologise in advance for any inconvenience this may cause you.

Please make sure your vehicles are not parked on the roadway during the above hours. We'd also like to suggest that you keep pets indoors when work is in progress, as the machinery may frighten them.

For your safety, the safety of our road crews and to prevent damage to your vehicle, drive carefully and stick to the temporary speed limits that may be in place.

### A big thank you from Waka Kotahi

On behalf of Waka Kotahi, thank you in advance for your patience and understanding while we do this important work in your community.

If you have any questions about this work please contact Graham Huggins, ph: 021 765 380, email: [Graham.Huggins@wka.govt.nz](mailto:Graham.Huggins@wka.govt.nz)

If you would like to speak to someone while work is in progress, please contact:  
Patrick Dwyer, ph: 027 201 8011, email: [Patrick.Dwyer@wka.govt.nz](mailto:Patrick.Dwyer@wka.govt.nz)

### Work location



**FREE CAR SEAT CHECKS FOR ROAD SAFETY WEEK**  
15-20 MAY 2023

To book a time call  
Baby On The Move  
Nelson on 03 547 2555  
(bookings essential).

Valid for bookings that are made or  
take place during Road Safety Week,  
15-20 May 2023.



**Remember...**  
If there are any photos or  
articles or ads you would like  
put in the Goldie,  
please email to  
[goldie@gbh.school.nz](mailto:goldie@gbh.school.nz)

## Sea Kayaking Trips

Nau mai haere mai,

The Diploma in Adventure Tourism and Guiding Students are running Sea Kayaking trips in the Abel Tasman National park in conjunction with Abel Tasman Kayaks.

- Get a group together it is way more fun with mates; 4-6 people is best.
- Meeting in Marahau at 9am, and finishing around 2pm.
- It is best to paddle in thermal or clothing you do not mind getting wet. - A change of clothing is necessary as you will get wet.

- Sunscreen, sunhat, and sunnies is necessary.
- There are hot showers and toilet at the Abel Tasman Kayaks base, and toilets at most beaches.

- Please bring lunch, a water bottle, and snacks, plus any personal medication - Tea and coffee will be provided, bring lunch.
- There is lots of space in kayak for dry storage, which means you can bring the kitchen sink.

- Travel to and from Marahau is not provided.
- Google link for driving directions:

<https://g.page/abel-tasman-kayaks-marahau?share>

The Abel Tasman National Park is renowned for its golden beaches, sculptured granite cliffs, and its world-famous coast track. The wilderness reserve at the north end of New Zealand's South Island. It's known for the

Abel Tasman Coast Track, a long trail winding over beaches and across ridges between Marahau in the south and Wainui in the north. It is home to New Zealand fur seal colonies. Little blue penguins, bottlenose dolphins and seals inhabit the Tonga Island Marine Reserve.

### Trip dates available:

14<sup>th</sup>; 15<sup>th</sup>; 16<sup>th</sup>; 19<sup>th</sup>; 20<sup>th</sup>; 21<sup>st</sup>; 22<sup>nd</sup>; 23<sup>rd</sup>; 26<sup>th</sup>; 27<sup>th</sup>; 28<sup>th</sup>; 29<sup>th</sup> June

### What to bring

Lunch/Water/snacks, warm clothes - Thermal clothing (sorry **NO** cotton clothing), Warm hat; Shorts; Sunglasses Footwear that you don't mind getting wet

### We supply

Kayaks and Equipment; Wetsuits and Paddle jackets as necessary  
Hot drinks; Great guides and instruction; Interpretation  
Photographs via Instagram

### Please note:

- \$30.00 (Payments are made to Abel Tasman Kayaks, eftpos is available)
- Please note you will get a wet bum when kayaking.
- We can take bigger groups please be in contact to discuss. Custom start times and finish times available.

**TO BOOK PLEASE CONTACT:** Franklin Op Den Buysch

Programme Support Coordinator [Franklin.OpdenBuysch@nmit.ac.nz](mailto:Franklin.OpdenBuysch@nmit.ac.nz)

## TASMAN DISTRICT COUNCIL YOUTH ENGAGEMENT PROGRAMME

As a part of Tasman District Council's community input for Aorere ki uta Aorere ki tai – Tasman Environment Plan, students were given the opportunity to help shape the future of Tasman.

Firstly, we learned what the Tasman Environment Plan was and how it might affect us.

Then in groups, we designed what our ideal Tākaka would look like. We had to take into consideration the land levels, where people would live, and accessibility to the township and resources while being able to reason why we placed things where we did.



The designs that we made will be used as a part of the feedback that informs the initial drafting of the Tasman Environment Plan. *Molly O'Connor*





## virtual reality



Glenis (a sometime Science teacher from Nayland College who is currently seconded to Otago University) brought over a set of virtual reality goggles to run a programme with Y7/8 students last term, about the ocean environment.

The sessions were during the student's timetabled Science classes.

Any Level 2 Biology students and staff who were interested also came along and gave it a try.

The goggles are \$500 a pop, and the opportunity to have 30 sets in the school at once was a rare one.

The photos are nowhere near as interesting as what was happening before their eyes... whales, dolphins, sharks, eels, beautiful fish, all so close!

Thanks to Mr MacKenzie,  
Mr Burt, Mr Skerten and  
Ms Stopford for all the work  
they put in to making this  
happen.







## ANZAC 2023

There was a pleasing turn out for this year's ANZAC day service. Fortunately the weather gods smiled down on us as well.

As usual Golden Bay High School students were evident front and centre. William Tomlinson, Keiran Mountford and Catherine Hockly were the flag bearers and Dario Erny, an Austrian exchange student, played in the Takaka brass band.

This year we had three students giving the address. They took the whakatauki, "Kia whakatōmuri te haere whakamua. I walk backwards into the future with my eyes fixed on my past." and gave their perspective on what their tipuna's war time experiences had taught them.

The three students were Emily Hohepa, Year 8, Phillip Hellmeister, a German exchange student, and Jodi Jefferson a Year 13 student.

Layla Roberts and Georgia Tinkler laid the wreath on behalf of the school.



## Building Progress







The finished Home Economics room











