



GOLDIE

12 Waitapu Rd, Takaka
Phone: (03) 525 9914 Email: postie@gbh.school.nz
www.gbh.school.nz

GOLDEN BAY HIGH SCHOOL NEWSLETTER

FROM THE ACTING PRINCIPAL, CORALIE STOPFORD

EDITION 1 JUNE 2023



Tēnā koutou katoa

We have had a very busy two weeks learning in and out of the physical classrooms. Some of which you will read more about in this newsletter. I

would like to share some of these experiences with you:

Our Student Executive participated in a Top Of The South Leadership Forum. They joined other student leaders to learn about actionable leadership skills, collaborate with other student leaders and add to their kete tools to be effective leaders in our school. Feedback has been very positive, identifying some key aspects - collaboration between schools, wellbeing seminar, and effective communication techniques.

Pink Shirt Mufti day and activities led by the Student Exec, raising awareness and helping to stamp out bullying by celebrating diversity and promoting kindness and inclusion. The focus for this year was around the role of an upstander and what each person can do to be a great upstander in our school and wider community.

Abel Tasman Youth Ambassadors (ATYA)

had their Term 2 field trip to Anchorage with a focus on searching for and learning about fungi. (see photo on this page) They had close encounters with the Kaka that was reintroduced to Bark Bay at an earlier event (where previous ambassadors were present for the release of Kaka). ATYA provides students a unique platform and supportive environment for aspiring young conservation leaders to develop and grow.

Project Janszoon and Mr MacKenzie work very hard to make being part of ATYA a fun and rewarding experience. This group of students are very committed and dedicated, working mostly in the Abel Tasman National Park area.

Staff Only Day & Public Holiday

A reminder that we have a Staff Only Day on Friday 2 June (tomorrow) where the school will be closed. This leads into the King's Birthday weekend with Monday 5th June being a Public Holiday.

Ake ake kia kaha
Coralie



TERM TWO 2023 CALENDAR

5 June	King's Birthday Holiday
7 June	Wednesday; school starts 9:45am
7 June	TSS Squash
12 June	TSS Equestrian
13 June	Uniform Shop open
16 June	Goldie
21 June	Wednesday; school starts 9:45am
21 & 22 June	LipSync
27 June	Uniform Shop open
30 June	Goldie
30 June	End of Term Two
14 July	Matariki (in the term break)
17 July	Start of Term Three

Abel Tasman Youth Ambassadors (ATYA) had their Term 2 field trip to Anchorage; fungi collage below.

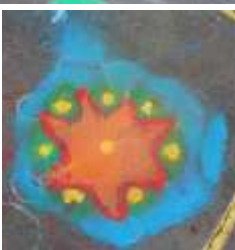


Whanaungatanga

Manaakitanga

Wairuatanga

Kaitiakitanga





PINK RIBBON BREAKFAST

On the 25th of May Hilary Weaver and I ran a Pink Ribbon Breakfast to help raise money for breast cancer education, research and patient support.

This was an opportunity for us to do something within the community and help Level 1 Hospitality students to demonstrate their food service skills for an assessment and some Level 2 students were carrying out a hot and cold beverages assessment.

We had 29 guests when the day came, raising around \$600 for the Breast cancer foundation. With people from the community and school coming to enjoy a delicious meal prepared by Ms Weaver and her team.

We had everything gifted to us by local businesses such as Fresh Choice Takaka, Anatoki Salmon, The Wholemeal Cafe and Anneliese from the Flower Shed.

It was an amazing outcome with delicious food and espresso coffees by Dominic Hammond as well as being able to raise money for an important foundation that affects 3,300 women and 20 men in New Zealand every year.

Hinewai Lewis.





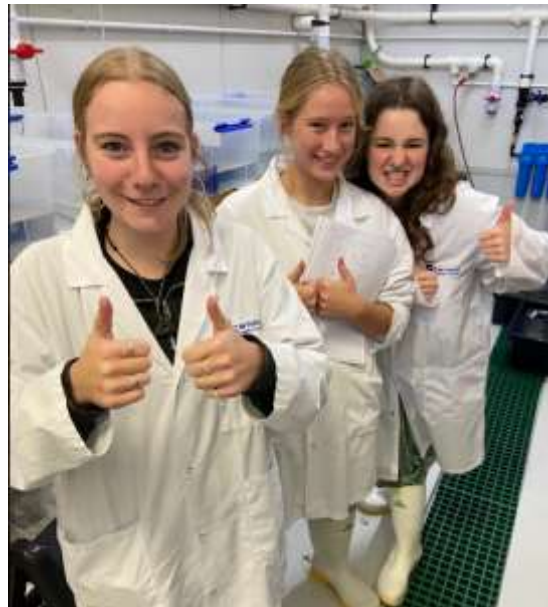
Y13 Biology Class Explores Mussel Workshop at Cawthron Aquaculture Park

The Y13 Biology class recently embarked on an exciting two-day adventure in Nelson, where they participated in the Mussel Workshop held at Cawthron Aquaculture Park. This hands-on experience allowed students to delve into the intriguing world of New Zealand Green Lipped Mussels (*Perna canaliculus*) and their responses to various environmental conditions. Assisted by esteemed scientists from Otago University and Cawthron Institute, the students conducted experiments to investigate these fascinating organisms.

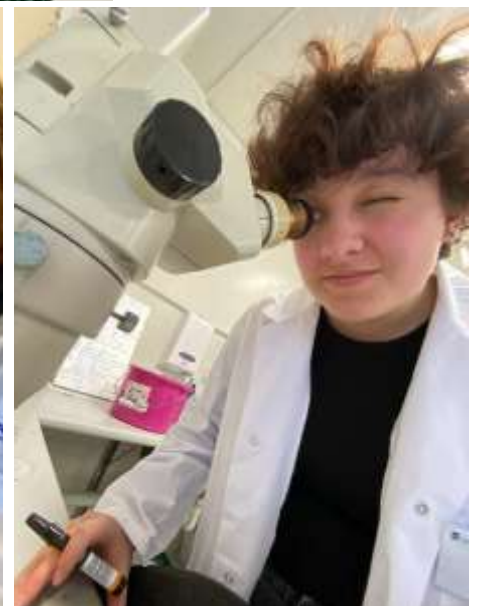


NMIT generously opened their Aquaculture laboratory doors to accommodate the class, providing a specialized setting for scientific exploration. This unique opportunity enabled the students to engage in relevant scientific research within a professional laboratory environment, enhancing their understanding of biological concepts and methodologies.

The students thoroughly enjoyed the experience of working in a novel setting, surrounded by experts in the field.



This week the class are continuing to analyse their data and write up the investigation reports. Good Luck!





Building Progress

LUNCHTIME GYMNASIUM ACTIVITIES TERM 2

MONDAY..... Badminton OPEN TO ALL
TUESDAY..... Basketball TEAM PRACTICE
WEDNESDAY..... Fitness Class
THURSDAY.... Basketball TEAM PRACTICE
FRIDAY..... Wahine Sport



Golden Bay High School Health Nurse

Confidential Free Service
Every Monday 8.30 – 11.30 at Te Whare Manaaki
Drop in or text Caroline 027 203 1213

- ▶ Vaccination questions
- ▶ Alcohol and drug support
- ▶ Contraception
- ▶ Skin Issues, acne and mole checks
- ▶ Puberty and period questions
- ▶ Helping to stop smoking and vaping
- ▶ Muscle sprains and pains
- ▶ Whānau and relationship concerns
- ▶ GP and health referrals
- ▶ STI checks
- ▶ Sexuality and gender questions
- ▶ Diet and weight management

Plus much more including support with GP visits and prescriptions!!

ADVENTURE RACING

Our senior GBHS team were out Adventure Racing a few weekends ago. It was the Hillary challenge 6hr (SISS) event in Geraldine, with the top 6 schools qualifying for the week-long nationals.

Our team of 6 year 11 students Archie, Lani, Gordie, Stella, Iyla and Gonzalo were a little short on numbers so we recruited Philipp (GBHS German exchange student) and Aonghus from CAS. Although it didn't rain, it was a very cold Canterbury day.

A quick 5km run around Geraldine township helped warm the team up while collecting valuable points. Then it was off on a 25km bike ride, with lots of mud (similar to kaikoura 🤔) and the last 3 hours were spent on foot again, but this time in the hills of the Orari Gorge near Peel Forest.

There were 23 teams including the reigning national champs, Motueka high school (who entered 3 teams). Our team was the 8th school in the mixed race and 15th overall.

"Once again there was so much mud. The nav was pretty easy so it was surprising to see some teams getting confused on the second rogaine." Lani "It was a challenge because I wasn't as well prepared as I thought I was, but it was still really enjoyable, especially the team spirit, Wunderbar." Philipp

Thanks to Jack Stevens Arboriculture and Fresh Choice for their donations and to Darren Ashmore of Hillary Outdoors for putting on another top event. Also thanks to Andrew Lamason our van driver and general helper.



THE YOUTH HABITAT AND GB COMMUNITY HEALTH

NURSE DROP IN CLINIC

2.30-4.30pm every Tuesday.

GB The Youth Habitat
51a Commercial Street

PRIVATE, CONFIDENTIAL & FREE

Get support with:

- Sexual health
- Contraception
- STI checks
- Mental health
- RLACS assessments
- Alcohol and drug support
- Help to stop smoking and vaping
- Pregnancy and period questions
- Assistance with GP and other referrals

Contact Kelly at
027 451 3598

STUDENT EXEC LEADERSHIP FORUM

Insert Alarm sound here At the break of dawn the Wonderful Student Exec embarked on a mission to a Leadership forum in Stoke (Shhhh don't tell anyone).

We were all instructed to meet at the office at 6:45 am which was conflicting as we needed to leave at that time too. So most of us opted for the arrive early technique, unlike Mr. Hammond.

As we drove through the city-lit Golden Bay we began the classic game "eye spy", although that was short-lived after a debate on the difference between fog and low cloud, but I'll save that story for another time.

We had various stops along the way, some for fresh air, one for coffee, and another for apples (I cannot confirm that Mr. Hammond paid for them).

We then arrived at the forum and got assigned tables along with the program for the day. The program detailed our day, split into 3 parts with the opportunity to learn about communication, leaving your legacy, and Well-being.

As well as time to share and collaborate with schools from around the Tasman region to see what they are doing.

Overall this was a great experience and learning opportunity for the Student Executive with one of our biggest takeaways being to continue to work as a team and communicate effectively. *Hinewai Lewis*



LipSync 2023 is on its way

Lipsync will be held on Wednesday the 21st and Thursday the 22nd June. With the new build practice spaces are going to be a challenge so make sure you think about this. Remember this year if you take part in the House act you will earn participation points for your House.

Values Poster Competition this term

Make a poster about one of our school values (Whanaungatanga, Kaitiakitanga, Wairuatanga, Manaakitanga).

You can make a poster on A4 or A3 paper and hand it into the office or you can make it digitally and send it to me by email. 17dixon@gbh.school.nz

It should be your own work.

The prize is a canteen voucher.

The posters must be in by the 23rd of June and will be judged at the end of Term 2.

Let's make the posters colourful and fun!

I am excited to see all of your amazing poster designs! See me if you have any questions.

Kiki Dixon

Remember...

If there are any photos or articles or ads you would like put in the Goldie, please email to goldie@gbh.school.nz

UNIFORM SHOP

The uniform shop will be open in Term Two on

June 13th and 27th,

fortnightly on Tuesdays next term from 1-2pm (lunch break). Please check with the school office for directions to the Uniform Shop.

You will need either cash, or phone internet banking and to show us the transaction before you can take the uniform.

Uniform Acc: 03 1354 0575666-01

and use student's name as reference, please.

Any uniform returns must still have tags on the clothing, and not have been worn, thank you.

Any enquiries to Lou Soper 0272259969

chardonnay.nz@gmail.com



Cobb Valley: A Thrilling Tramping Expedition.

Students Forge Unforgettable Memories in Nature's Playground

During week five our school's Outdoor Education students embarked on an unforgettable tramping expedition in the captivating Cobb Valley. Over two and a half days, they embraced the challenges and wonders of the wilderness, creating lifelong memories and deepening their connection with nature. I extend heartfelt gratitude to Tracy Holland for volunteering her time and whose driving skills and adventurous spirit were indispensable in ensuring this trip could happen.

The students embraced the physical demands of tramping, relishing the freedom and empowerment that nature provides. As night fell, Trilobite and Fenella Huts became a warm sanctuary, where, friendships blossomed, cards were played and dreams of future adventures took flight.

Reflecting on this tramping unit, I am reminded of the significance of embracing nature and exploring the wonders in our own backyard.

Yours in adventure,
Paul Skerten
Senior Outdoor Education Teacher



TSS Badminton

TSS Badminton tournament that happened in Motueka Rec Centre 2 weeks ago.

Lief, Tarn, Jarrah and Arjuna played in the Boys Championship and got placed 2nd. QCC still beat us!

Finley, Tim, Lewis, Krishna and Noah played in the Boys Cup and took out 1st place.

Catherine, Hester, Bayleigh and Charlee played in the Girls Championship and placed fourth. Well done everyone!



The Youth Sewing Project

The Youth Sewing Project has started again for term 2.

Every Wednesday after school until 6 pm in the Home Economics room.

Come and learn to sew, create funky toys, revamp op-shop clothes or make new clothes. Great teachers and lots of awesome resources to work with.

The cost is \$5.

Enquires phone Margy Meys 027 3855 450