



GOLDIE

12 Waitapu Rd, Takaka
Phone: (03) 525 9914 Email: postie@gbh.school.nz
www.gbh.school.nz

GOLDEN BAY HIGH SCHOOL NEWSLETTER

FROM THE PRINCIPAL, LINDA TAME

EDITION 28 OCTOBER 2022

Tēnā koutou katoa

Formal classes have finished for senior students

Tutorials will be held over the next few weeks. A timetable has been sent out.

A great way to support your student is to display their exam timetable in a prominent place (eg fridg) and to praise them whenever they do some study. It is a challenging and anxious time for many of our senior students, and most of us don't enjoy studying for exams!



Creative learning days

Year 7 to 9 students will be taking part in a full day learning programme looking at local Mohua history and taking part in a creative arts project. Ben Knoef, Ute Schroder, Jan Stark, Georgina West and Margie Little will be running the days.

We are extremely fortunate that the Ministry of Education, through a "Creatives in School" project, has funded two local artists to work with the students for the day. They are Robin Slow and Bronwynn Billens.

Students are asked to:

Wear appropriate mufti for practical art activities

Bring cold lunch they can share. (We will be providing a BBQ sausage as well).

The days are:

Tuesday 1st November: Year 9

Wednesday 2nd November: Year 8

Thursday 3rd November: Year 7

Teacher Paid Union Meeting

The NZPPTA has advised they will be holding a Paid Union Meeting on Friday 2nd December.

Year 7&8 camps and year 9 mentoring will proceed as normal. Classes will finish at 1.10pm for Year 10. Supervision will be provided for students still at school. I will be emailing home with more details nearer to the time.

Sabbatical award

I have been awarded a sabbatical for Term 2 2023. The BoT has appointed Coralie Stopford as Acting Principal for the term.

Ake ake kia kaha

Linda



TERM FOUR 2022 CALENDAR

- 1 Nov....Year 6 Parent/whānau Information evening
- 1 - 3 Nov.....Te Whakapapa o Mōhua, Yr 9, 8, 7
- 7 NovNCEA Exams begin
- 9 NovWednesday: school starts 9:40am
- 11 NovGoldie
- 22- 24 NovYear 9 Camp
- 23 NovWednesday: school starts 9:40am
- 25 NovGoldie
- 25 Nov..... Staff Only Day ACCORD Day 1
- 28 Nov..... Staff Only Day ACCORD Day 2
- 29 Nov-2 Dec.....Yr7 Teapot Valley Camp
- 29 Nov-2 DecYr 8 Abel Tasman Camp
- 5 DecSenior Prize giving 7:30pm
- 7 DecWednesday: school starts 9:40am
- 8, 9 Dec.....Yr 9 Mentoring Days
- 9 DecYr 6 Powhiri
- 9 DecLast Goldie for 2022
- 13 Dec.....Junior Prize giving 1:30pm
- 13 Dec.....End of Term Four, End of School Year
- 7 Feb 2023Term One 2023 Begins



NOW IS THE TIME TO RETURN ALL TROPHIES PRESENTED LAST YEAR.

PLEASE BRING THEM INTO THE OFFICE AS SOON AS POSSIBLE.

**Year 6 Parent/whānau Information evening
Tuesday 1 Nov - 7pm
Held in the GBHS Library**

Photos below: Celebrations.... See their stories inside this Goldie.



Australian Champs Orienteering Week



Australian Orienteering Champs and Trans-Tasman Schools Competition.

It was my first time representing NZ since it's been canceled for the last 2 years.

The first day was horrendous because we had to get up at quarter to 3 in Takaka and I didn't get to go to bed until the equivalent of 11 pm New Zealand time. A very long day for me.

Along with hours of waiting time between destinations.

We also did a map walk on the first day to see the terrain. Lots of gold mines, pits, gullies, and waterways. It was very dry and unusual to see when walking down a creek with no water. Amazing animals such as kangaroos all over the place, ants, and different beautiful birds, plus some very noisy ones.

Early in the week, I didn't enjoy running as I was quite sick which affected how well I did in my races but once I recovered a bit, my placings improved.

My best runs were in the two relays later in the week which I really enjoyed.

The food on camp was pretty bad and I survived off what my parents supplied.

We had briefings most nights after dinner, where we discussed plans, went over our latest runs, awarded someone with OTed (NZ mascot), and had some great orienteers give us lectures on how to improve. Each day the maps and forest were very different from what I was used to with most of it very open and especially on the long-distance days had kangaroos bouncing around everywhere which was really cool.

Unfortunately, we didn't go sightseeing anywhere besides the bush, except Hanging Rock, where we saw a koala high up in a tree.

It was definitely more enjoyable to have my friend



Photo above: **podium finish** NZ took out 1st 2nd 3rd (and 4th) in the girls W16 (under 16) relays, poor Auzzie didn't know what hit them.

Karin with me, she made the experience a lot better than it might have been without her.

Overall while it was quite a tough week for me it was amazing to run in a different country. Anya also came as she was in the NZ development team and Mum and Dad raced a bit too but they were really sick as well. Not quite the experience we were hoping for.

Lani Murray



Impact Dance National Finals



Photos this page: *Maya and her dance troupe, Reckless with their winning performance at the Impact Dance National finals in Wellington last week. They took out the Junior section plus they won best overall troupe out of 120 teams.*



During the recent holidays Maya Lampen-Nigl and her crew took part in a national hip hop competition.

The event was called "Impact Nationals". It was held in Lower Hutt, Wellington. The competition was for all the finalists from "Impact" regional competitions that had been held throughout the year. Crews came from all over NZ. They were aged from 5 to 18 years of age.

Maya's crew is called "Reckless" and were representing the Nelson/Tasman region. Here is Maya's experience.

We arrived the Community Centre in Lower Hutt and there was a lot of people. We had to be there two hours before. Our section started at 2pm and went to 2.45. We were pleased with our first performance. Unfortunately, we did not have time to watch the others. At 3pm the results were announced as to who got into the gala night which would be the top three from each section. We were so excited when our name was called.

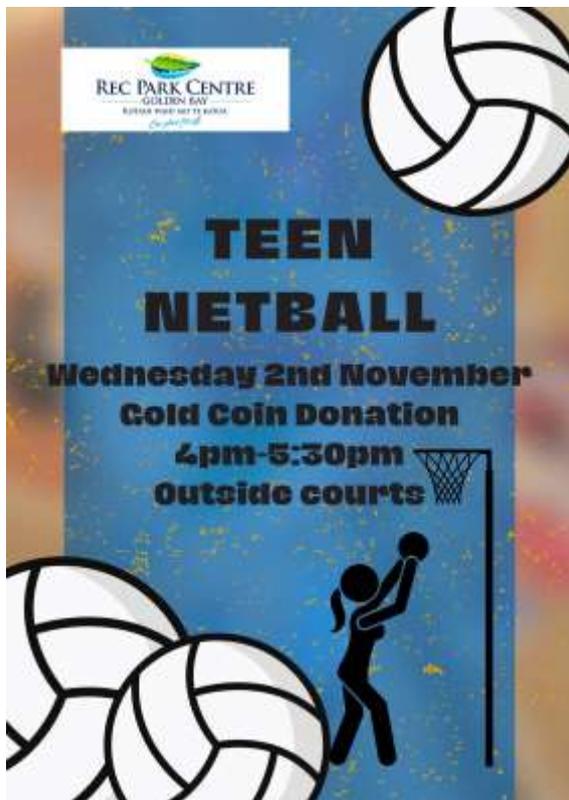
We had to be back at 5pm to be ready for the gala. The gala started at 7.30pm and we were able to watch the other acts. The standard was amazing. There was a huge audience and we were nervous. We went on and I really enjoyed our performance. The winners were announced at 10pm.

When they called our name we were so excited at getting first place. Only one person from our crew was allowed on the stage so Lucy collected the trophy for us and we each received a ribbon. But that was not all.



At the end of all the prizes they awarded the supreme prize for the act that was the best overall and we WON it. We all went on the stage for that one! I have had an amazing 2022 with my dancing and I look forward to next year.





Givealittle...

Golden Bay Rock Climbing re-bolting fund

A group of local climbers are currently fundraising for the huge amount of re-bolting work that needs to happen on the existing rock climbs at Paines Ford and Pōhara in order to keep them safe for use by local and visiting climbers.

Golden Bay is a world class climbing destination and our students benefit from having safe, quality rock climbing available locally.

The materials required to do the re-bolting work are expensive and a Givealittle page has been started to help raise funds. The link is below and any donations would be gratefully received.

<https://givealittle.co.nz/cause/golden-bay-re-bolting-project>

Takaka Athletics

What a great start to the Athletics season; seeing familiar and new faces were terrific. The night was about fun and great coaching techniques.

Athletics is a sport that teaches great basic physical skills for other sports and provides opportunities to develop social skills and make long-lasting friendships.

Club nights are held every Wednesday 5PM - 6.45 PM

and we offer a combination of coaching and competition.

If you haven't signed up yet, you can do that on the website <https://www.sporty.co.nz/takakaathletics>.

Entrance to the Athletics field must be done through Takaka Primary School and not through Rotatai Road due to construction at the high school. We look forward to seeing you.

GOLDEN BAY SPORTS AWARDS

The team behind the NBS Golden Bay Community Sports Awards have been working hard to prepare for the 2022 Sports Awards on the **5th November, 5.30pm** at the Rec Centre.

Like the Facebook page to keep up to date with this event, and mark the date in your diary now!



Photos left and right: Queen Charlotte College sports exchange ... more photos in this edition.



Hillary Challenge Final - Tongariro 2022

Our GB team met our remaining two members (from St Margaret's College in Christchurch) at Wellington airport. With a 5-6 hour road trip ahead it was a good chance for our team to get to know each other as 4 of them hadn't met before! Angus was injured at the qualifier and our newest member Charlee had only joined the team last month (after losing a member to sickness).



Photo left: Our team Charlee Hambrook, Katherine Babbington (SMC), Angus Scotland, Anna Babbington (SMC), Isaac Pawley (co-leader), Gonzalo Vasquez-Jouannet, Hunter Boaz, in front kneeling Anya Murray (co-leader). Tower building challenge while suspended from harnesses!

Day 1 and 2 were challenge days, 6 x 1 hr challenges doesn't sound too bad but it's full on as you have to drive between each challenge which adds to the stress.

Each challenge is completely different and requires teamwork, problem solving, fitness and skills. We started well with a challenging maze and tower building (including harnesses) challenge and came 4th. Not bad considering the team was still gelling.

Next up was balancing a ball on your head while completing low ropes, followed by target practice from high above. It was so hard that they had to modify the challenge so teams could succeed!



Photos above: Our best challenge for the day was once again one using brains (and a bit of braun) where Isaac was super quick to work out how to complete the challenge involving 'toxic waste' (water in buckets), that you couldn't touch and transporting it with a

rope system to a disposal point (large drum). We came 3rd in this. Late in the day one of our team felt quite sick so the new challenge was working out a way to get everyone through the obstacles to finish together.

Day two was more punishing than day one, with several water activities, and an unwell team member. We were all still smiling at the end of the day which was good because days 3 and 4 were the tough overnight tramp.



Back at the start of the Rogaine.

Day 3 - After setting off on the eastern side of Tongariro all the teams raced off to find their instructor who had their rogaine maps. After sorting a route choice we headed off only to be bluffed out by a large cliff stopping us getting a 100 pointer.

So we headed back to a hut we'd passed and around another loop. By this stage Isaac really wasn't doing so well so we made the decision to take him back to the road end where we started 8 hours earlier, and back past the hut again.

(It was a tough call and we all felt gutted for Isaac because we knew he didn't want to leave but had to). It was pretty cold by this stage, 530pm and we still had to walk back 6km to a campsite, set up the tarp to sleep under and cook dinner.

So we passed the same hut 5 times and weren't allowed to stay in it as per the rules! Meanwhile, Fleur and Kate collected Isaac and took him back to base. *(Continued next page)*

Hillary Challenge Final - Tongariro 2022, continued



Photo left: The next day we fast walked 32km over the Tongariro Crossing, with a bit of off track navigation to grab a few points so we could make it to the finish line on time.

Oh and we were all carrying big packs as we had to take lots of Hillary Outdoors safety gear. It was really good to see Isaac at the finish along with all the supporters.

Pity about the weather as it was foggy, raining and cold for 2 days, with next to no views.



Friday we woke to see there was a glorious mountain outside our door- hard to imagine that the day before.

So our last day was spent with a multi-sport race. First up was a relay in pairs in a maverick (inflatable kayak with no steering), then off for a 9km run, followed by a 35km bike and an 8 km run to finish.

Isaac joined Fleur and Kate as part of our support team.

Then home the next day on our own flight with GBair - how cool was that!

This was the final Adventure race of the year so a huge shout out to all our sponsors throughout the year and especially to

Manawa Energy who sponsored our entry fee to the final.

Other sponsors were Network Tasman Trust, GB Lions Club, Fresh Choice Takaka, Trash Palace, GBHS Home and School and Little Beauties dried fruit.

And to Fleur, Kate and all the other parents who helped along the way. Without your support we would not have been able to participate. Thanks a million for giving us an awesome opportunity in the outdoors.



To Isaac - Kia kaha and get well soon, we all miss you.

By Anya

Supporting the Pawley family

A fantastic mufti day was held raising around \$1900. Wow!

Further donations can be made to

03-1354-0618267-30

Pawley Family ChCh Fund



Photo above : Molly O'Connor, on left, and Phoebe Mulry-Climpson have both recently been accepted into prestigious New Zealand Science events.

Phoebe is one of 55 students from throughout the country to be accepted into the Otago University Advanced School Science Academy (OUASSA), and is also going to a Canterbury University Summer Science Camp in December this year.

Molly has also been accepted into the OUASSA, and in addition the Rotary National Science Forum in Auckland, which is limited to 168 places nationwide.

Phoebe intends to study Biology, Chemistry, Maths with Statistics, History and English in Level 3, and go on to do Environmental Science at university.

Molly intends to study Biology, Chemistry, Physics, Maths with Calculus, and Classics in Level 3, and go on to study Health Sciences.

Congratulations to both of these students on being chosen to attend these events. Golden Bay High School will be well represented through their efforts.

Cricket

Catherine Hockly, Year 12, travelled to Whanganui to Captain the Nelson Nyxons U17 side at the Central Districts cricket tournament.

Much fun and hard cricket!

This photo was sent by her coach on facebook when she got 57 runs off 57 balls!



QCC Sports Exchange results:

- Football: QCC won 6 - 1
- Netball: QCC won 30 - 14
- Basketball Girls: GB won 30 - 26
- Basketball Boys: QCC won 62 - 40
- Volleyball Girls: QCC won 11-15, 15-11 and 15-13
- Volleyball Boys: QCC won 15 - 5 and 15 - 9
- Mixed Touch: 7 - 1
- Badminton: QCC won all the games except Elizabeth Egan who won her singles game

Well done to all those who competed, the competition was tough! It was fantastic to see all the great sportspersonship on and off the field. Thank you to all the captains for your organising and support given to your teams.

A huge thank you too goes out to all the coaches and umpires who so kindly donated their time to come and help out: Jacinda Baigent, Tania Hurst, Brooks Byrne, Rex Bowden, Mike Gunstone, Maki Shiraishi, Gareth Batten, Paul

Skerten, Dan Padiar and Fleur Murray. We couldn't have done it without you!!

And also a final huge thank you to Hilary and her team for the amazing food for the tournament. Isaac and Katrina for taking photos!! And Margie, Abbey and Eric for all their time putting in the Powhiri practices. The Powhiri was a great success!

Photo this page and more continued on next page.







Photos below and left: Year 13 pranked the Science Dept on their last day.

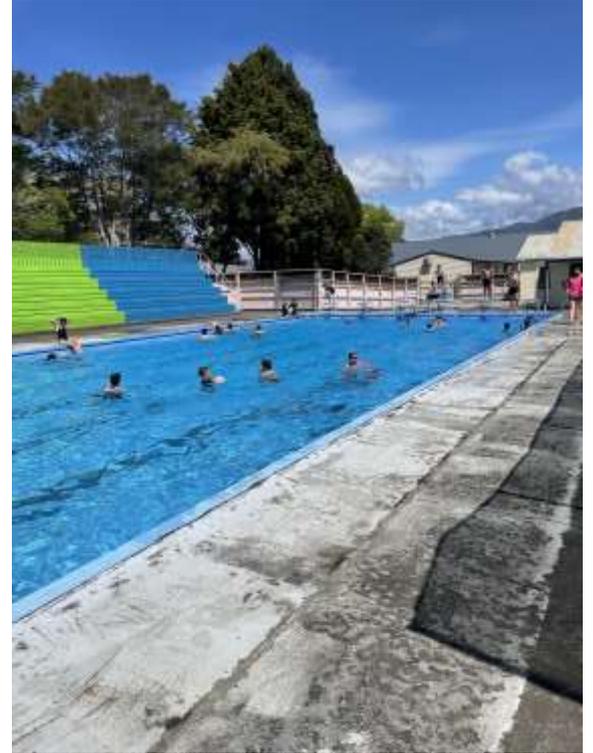




After many delays due to the ongoing rain, the final mural designed and created by one of the Year 7/8 Exploratory classes is finally complete. It urges the viewer to "change now" and reminds us that we are Kaitiaki - Guardians of our planet. It can be seen on Rototai Road near the bus bay alongside two other murals.



Photo right: 43 students enjoying the first lunch swim of the season



A big **thank you** to Richmond Glass who have donated the small cut squares of mirrors which the year 7 science students use to make their periscopes during the Light , Sound and Senses topic. Photo above shows two students trying them out.



Photos above and right: Our new Home Economics cooking environment. Turns out there is quite a lot of different types of food which may be cooked on a barbeque.

An 8 week empowering programme

Body Speak

For young women of ages 12-16 years old

27 October / 3-10-17-24 November / 1-8-15 December

Thursdays 4pm to 5.30pm at Mohua Social Services

Free of charge - the fee is your **commitment**

Do you want to feel more confident in your skin?

Come and join us in a body-based self-exploration



Call 022 522 9572 or 021 0817 1933 for more information

Booking required - 12 spaces available

Facilitated by Abha Dod and Lucia Berlato - donations are welcomed

BODY SPEAK

Using Movement, Art, & Words
to Explore Body Confidence

Body Speak is an eight-week empowering programme for young women, aged 13 - 16 years of age.

Using a wide range of modalities including movement, art, and group connection, Body Speak aims to support young women to strengthen self-acceptance and gain self-confidence.

Although the programme is holistic in nature (exploring body, mind and spirit), the focus is on expression through the body as the most tangible aspect of self.

There are many challenging aspects of a young woman's life particularly in the early to mid teens. The body and mind undergo various changes that can be difficult to make sense of. With the support of older women/ sisters/ mentors, young women can explore these challenges and learn simple and powerful techniques to empower themselves and others.

Through the Body Speak programme, young women co-create a safe space to explore body-based challenges and develop a healthy relationship with themselves.

Facilitated by experienced and passionate women, Body Speak ensures a process of safety and professional mental health guidance if needed.

For more info: Email [Abha a.dod@live.com](mailto:Abha.a.dod@live.com)
or Lucia lucia.radha@gmail.com

Kidztheatre 2022 Presents

The JUNGLE BOOK

A musical play written by
Vera Morris

Directed by Rennie Short

SATURDAY 29 & SUNDAY 30 OCTOBER 3.00pm

ONEKASA HALL'S OUTDOOR STAGE

IF WET/WINDY - PURAMAHOI HALL

TICKETS - ADULTS \$12.50 - KIDS \$10.00 -
5yrs & under \$5.00

AVAILABLE FROM TAKE NOTE UNTIL FRIDAY
28 OCTOBER - GATE SALES UNLESS SOLD OUT

A fundraising programme by special arrangement with Mission Trust and NZ Red Cross

LifeLab



scan me

LifeLab is a new interactive website showcasing career options in the Nelson Tasman region - for young people, parents and careers advisors

A place to get inspired and informed and a useful tool when considering your next steps

- events, resources, handy links, study and training opportunities
- videos and blogs of young people - hear about how they got into their work and what it's like
- get the 'inside info' on local businesses and industry
- follow us on social media to win prizes!

 www.facebook.com/LifeLabNZ

 www.instagram.com/lifelabnz

 www.lifelabnz



UNIFORM SHOP

The uniform shop will be open for Term Four 2022 on the Tuesday dates below from 1-2pm (lunch break).

8th Nov, 22nd Nov, 6th Dec.

There is a change of venue for the Uniform shop for Term Four. Please report to the office for directions.

You will need either cash, or phone internet banking and to show us the transaction before you can take the uniform.

Uniform Acc: 03 1354 0575666-01;
please use name as reference.

Any uniform returns must still have tags on the clothing, and not have been worn, thank you. Any enquiries to Lou Soper 027 2259969 chardonnay.nz@gmail.com





Drone photos
of building
progress

