

GOLDEN BAY HIGH SCHOOL HEALTH EDUCATION POLICY

RATIONALE:

Students need comprehensive and developmental health education that is holistic and balanced.

PURPOSES:

- To ensure that effective health education is delivered at all levels according to the requirements of *The New Zealand Curriculum Framework*.
- To assist students to develop as whole people in the spiritual, physical, mental and emotional, and social dimensions of well-being.
- To ensure that staff who are teaching health education are adequately and appropriately trained to teach the specific topics that they are required to cover.
- To ensure that health education is delivered through a student-centred approach that enhances each student's learning, self-confidence, and ability to make healthy decisions.
- To ensure that appropriate health-promotion policies and practices support the health curriculum to create a healthy, safe, and caring environment.
- To ensure that the school community is made aware of the contents of *Health and Physical Education in the New Zealand Curriculum* and that the views of the school community are recognised in health education programmes in the school.

GUIDELINES:

- A teacher responsible for health education will be appointed and allocated enough time to allow proper management of the health curriculum and its related programmes.
- Every two years, as required by legislation, the board of trustees will undertake consultation with the school community on a draft statement on the delivery of the health curriculum. This will outline how the school will implement the health education components of the Health and Physical Education curriculum. As a result of this consultation, the board will adopt a statement on the delivery of the health curriculum.
- Enough time will be allocated to health education at each year level to provide students with the opportunity to meet most of the achievement objectives of *Health and Physical Education in the New Zealand Curriculum*.
- Staff who are teaching health education will have access to appropriate learning materials and ongoing professional development and will be trained in interactive teaching methods.
- Both learning materials and personnel will be carefully selected to enhance programmes.
- The school will review current policies on a regular basis and will produce other policies related to the health, safety, and well-being of staff and students as the need is identified.

Relevant legislation: Education Act 1989 (as amended in 2001 - see page 48 of the amended Act), Human Rights Act 1993

Other relevant policies: Sexuality Education Policy, Healthy Food Policy, Smokefree Policy, Alcohol and Drugs Policy, Non Violence Policy, Sexual Harassment Policy, Policy on Child Abuse, Student Guidance and Management Policy.

Adopted by the Board of Trustees on: 24 August 2015

Review Date: March 2018